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THE STATE OF NEW HAMPSHIRE
DEPARTMENT OF TRANSPORTATION



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COVID-19 GUIDELINES AND PROCEDURES FOR DOT AND CONTRACT PLOW DRIVERS AT ANY NHDOT WORKSITE

The State of New Hampshire Department of Transportation requires that all employees and contractors use their best efforts to implement the following at each NHDOT worksite.

Employee Health Protection – ZERO Tolerance

ZERO TOLERANCE FOR SICK WORKERS REPORTING TO WORK.

IF YOU ARE SICK, STAY HOME!

IF YOU FEEL SICK, GO HOME!

MASK USE IS MANDATORY for anyone when entering a NHDOT facility, or when not able to maintain 6' social distancing from a NHDOT employee outside of the NHDOT facility.

Everyone must self-certify that they perform a health check every day, prior to reporting to the worksite.

This health check includes:

1. Taking one's temperature, and
2. Answering the following questions:
 - a) Have I been in close contact with a person who has tested positive for COVID-19 (in the last 14 days, which has not already been discussed with HR)?
 - b) Do I have a fever (100 degrees Fahrenheit or higher) or am I feeling feverish?
 - c) Am I experiencing any respiratory symptoms, including a runny nose, nasal congestion, sore throat, cough, or shortness of breath and this is unusual for me?
 - d) Am I experiencing any muscle aches, chills, or severe fatigue and this is unusual for me?
 - e) Am I experiencing any gastrointestinal symptoms such as nausea, vomiting, or diarrhea and this is unusual for me?
 - f) Am I experiencing any changes in sense of taste or smell which is unusual for me?
 - g) Have I traveled outside New England via any mode of transportation in the last 14 days?

If the answer to g) is "yes", inform DOT supervisor who will see [COVID-19 Directive D1-G Travel](#) for further direction.

If anyone answers "yes" to any of the COVID-19 health screening questions listed above and/or has a temperature above 100 degrees Fahrenheit, they must NOT enter a NHDOT work facility until further notice.

General Guidance to Prevent Exposure and Limit the Transmission of the Virus

- No handshaking.
- Sign in to building, garage or shed upon arrival
- Wash hands often with soap for at least 20 seconds or use an alcohol-based hand sanitizer with at least 60% ethanol or 70% isopropanol.
- Follow all NHDOT cleaning and decontamination guidelines/procedures.
- To avoid external contamination, we recommend everyone bring food from home.
- Employees clean their own plates/cups/utensils at work locations, take items home to clean, or use single use products
- While shared food is not encouraged if provided—wash hands prior to serving, use own serving supplies or serving gloves
- Cover coughing or sneezing with a tissue, then throw the tissue in the trash and wash hands. If no tissue is available, then cough or sneeze into your elbow.
- Avoid touching eyes, nose, and mouth with your hands.
- To avoid sharing germs, please clean up after yourself. DO NOT make others responsible for moving, unpacking and packing up your personal belongings.
- When entering a machine or vehicle which you are not sure you were the last person to enter, wipe down the interior and door handles with a cleaning solution and disinfectant prior to entry.
- In instances where it is possible, workers should maintain separation of 6 feet from each other (Social Distancing) per CDC guidelines.
- Maintain Social Distancing separation during breaks and lunch.
- Multi-person activities should be limited where feasible.

If anyone notices anyone who has not implemented proper protocol, please notify the supervisor in charge to discuss these recommended guidelines.

To support the requirements above, DOT District Engineer or Bureau Administrator will ensure the following is provided:

1. A sign in sheet with hand sanitizer and a no touch thermometer near the main entrance to every shed.
2. Disposable masks
3. Cleaning and disinfecting supplies
4. Post maximum room occupancy in rooms of each facility